

Clinical Guidelines

Indications for Use:

- For lifting the heel off of the bed for patients who are at risk of heel pressure injury
- For assisting in preventing and managing heel pressure injuries in patients who have existing or history of heel pressure injuries
- For assisting in preventing skin injury to the foot for patients at risk
- For assisting in preventing hip rotation with use of optional wedge

Risk Assessment:

- Braden Mobility sub score of 1–3
- Braden Sensory Perception sub score of 1–3
- For patients unable to lift heel off of bed independently
- For patients unable to reposition themselves independently
- For patients with existing or a history of heel pressure injuries



TruVue® Air

Suggested uses of the TruVue Air Heel Protector

Pressure Injury Prevention and Management	Positioning	Protection
<p>Consider for patients at risk of heel pressure injuries such as those with:</p> <ul style="list-style-type: none"> • Critical illness, e.g. ventilated, sedated, immobilized, on vasopressors • Chronic illness, e.g. Diabetes, PVD, CAD, COPD, CHF, edema, malnutrition, frail, cachexic • Lower extremity orthopedic trauma/injury, e.g. hip fracture, amputation • Altered sensory perception, e.g. CVA, sedation, neuropathy, spinal cord injury • Impaired cognition, e.g. unable to follow self-repositioning • During lengthy procedures, e.g. ECMO, CVVHD, CRRT, OR, EP/Cath Lab 	<p>Consider for patients in need of additional support to avoid hip rotation (optional wedge required):</p> <ul style="list-style-type: none"> • Lower extremity orthopedic trauma/injury, e.g. hip fracture 	<p>Consider for patients who need protection from:</p> <ul style="list-style-type: none"> • The opposite limb, e.g. casts, rigid splints, external fixators
<p>Interventions</p> <ul style="list-style-type: none"> • Remove each shift and as needed for skin assessment • Re-adjust to ensure proper placement every shift and after repositioning • Remove for chair transfers and ambulation • Utilize tubing port to direct tubing away from patient's skin 		

Contraindications

- Do not use for ambulation or chair transfers

Additional Information

- Single patient use
- One size fits most
- The TruVue Air Heel Protector can be used across the continuum of care