

# Clinical Guidelines

## Indications for Use:

- Aids caregivers in repositioning and lateral transfers for patients who are immobile and at risk for skin damage due to moisture (urine, blood, stool or other fluids)

## Sample Risk Assessment Indicators:

- Limited ability to reposition self
- Braden score of 18 or less
- Braden Moisture subscore of 1 or 2
- Braden Mobility subscore of 1 or 2
- Braden Friction and Shear subscore of 1 or 2
- Existing or history of pressure injuries

Standard BAM™ Sheet  
XL BAM™ Sheet



## Suggested uses of the BAM Sheet

### Turning, Repositioning and Lateral Transfers

Consider for patients with limited mobility due to conditions such as:

- Acute illness
- Post-operative limitations or restrictions
- Intraprocedural limitations or restrictions
- Chronic illness with or without multiple comorbidities
- Musculoskeletal disorders
- Neurological deficits
- Orthopedic injuries

### Moisture Control

Consider for patients with excessive moisture who need assistance with turning and repositioning

## Interventions

- Patient should be centered on product with handles along the edge of the bed with side stripes facing up
- A minimum of two caregivers is recommended when using the BAM Sheet
- Support head and legs during lateral transfers, if needed
- Follow facility's safe patient handling protocol when turning, repositioning and laterally transferring patients and when placing and using an incontinence pad
- Use only one BAM Sheet at a time underneath the patient

## Precaution

- Do not use with patient lifting devices
- Do not use to suspend patient

## Additional Information

- Single patient use
- Discard when soiled
- Patient may require the **XL BAM™ Sheet** based on body type