



Indications for Use

The Foot WAFFLE® Heel Protector is a single patient use heel offloading device. It helps to prevent pressure injuries, while aiding in the prevention of hip rotation (optional wedge recommended).

Contraindications

Do not use for ambulation or chair transfers.

Interventions

Remove each shift and, as needed, for skin assessments. Readjust to ensure proper placement after repositioning the patient.

Instructions for Use



1. Align Foot

Align the patient's ankle bone with the top of the heel opening and assemble the Open Foot Gate.



2. Secure Straps

Secure the Air Filled Straps across the foot and then the leg.



3. Secure Fit

Gently pull up the top of the heel protector to ensure it is secure.



4. Attach Optional Wedge

Apply the Anti-Rotation Wedge by placing it underneath the Achilles area and attaching the Air-Filled Pillow Pad to secure it in place.



5. Verify Offloading

Place your hand underneath the heel to ensure that the heel is offloaded.



6. Skin Assessments

The Open Foot Gate can be used for skin assessments, to verify the heel is offloaded, or for patient comfort.

Cleaning Instructions

The Foot WAFFLE Heel Protector can be cleaned with the standard hospital cleaning wipes if soiled. A complete list of approved cleaning products is available upon request.

Instructional Video* ▶



For complete instructions, refer to the package insert.

**For information on sizing and tubing port usage, please watch video.*