



### **Indications for Use**

The TruVue® Heel Protector is a single patient use heel offloading device. It helps to prevent pressure injuries, while reducing the risk for plantarflexion contractures and maintaining the ankle in a neutral position (optional wedge recommended).

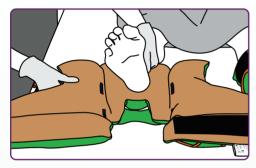
#### **Contraindications**

Do not use for ambulation or chair transfers.

#### Interventions

Remove each shift and, as needed, for skin assessments. Readjust to ensure proper placement after repositioning the patient.

### **Instructions for Use**



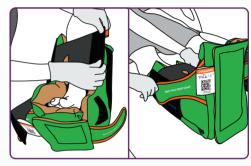
# 1. Align Foot

Align the patient's ankle bone with the top of the heel opening.



## 2. Assemble

Fold the sides of the heel protector up to assemble the Open Foot Gate.



# 3. Secure Straps

Secure the Flexible Straps across the leg and foot. Adjust the Anti-Foot Drop Straps as needed to help keep the foot at a 90 degree angle.



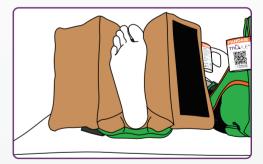
## 4. Attach Optional Wedge

Attach the Anti-Rotation Wedge to the side of the heel protector to help prevent hip and leg rotation.



## 5. Verify Offloading

Place your hand under the heel to ensure that the heel is offloaded.



## 6. Skin Assessments

The Open Foot Gate can be used for skin assessments, to verify the heel is offloaded, or for patient comfort.

## **Cleaning Instructions**

The TruVue Heel Protector can be cleaned with the standard hospital cleaning wipes if soiled. A complete list of approved cleaning products is available upon request.

Instructional Video\* ▶



For complete instructions, refer to the package insert. \*For information on sizing and tubing port usage, please watch video.



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