

Implementing a Heel Protector to Decrease Hospital Acquired Heel Pressure Injuries & Foot Drop

Physicians Regional Healthcare System, Pine Ridge – Community Health System (CHS)

INTRODUCTION

Commission.

Community Health System, Inc. is one of the nation's leading operators of general acute care hospitals including Physicians Regional Healthcare System. It is comprised of two premier hospitals with 201 licensed beds, affiliated multispecialty physician group and a medical staff of over 300, highly skilled, physicians. The Physicians Regional Pine Ridge campus is a 365,000 square-foot, 109-bed acute care facility accredited by the The Joint

Key thought leaders at CHS selected Physicians Regional Pine Ridge to conduct a trial of EHOB's TruVue Heel Protector. Beverly Manno, Inpatient Wound Care Coordinator, and Ida Fistrovich SCRN, BSN, RN, Critical Care and Neuro Spine Manager lead a three-week (October 19th through November 11th) Quality Improvement Project implementing the TruVue Heel Protector in the ICU.

COBJECTIVE

Evaluate the impact of the TruVue Heel Protector usage on rates of HAPIs and foot drop on the second floor units.

METHODS

- Pressure injury protocol was created and implemented using the TruVue Heel Protector
- The TruVue was placed on 25
 patients for pressure injury
 prevention with a Braden Score
 of 18 or less, neuro patients and
 patients with foot drop concerns
- HAPI rates were documented for the three week trial period

Trial Evaluation Forms were distributed for each patient participating in the trial

RESULTS

- TruVue Heel Protectors were added to the Pressure Injury Protocol
- Within the three week trial period, HAPIs dropped to ZERO
- No incidence of Foot Drop was reported



CONCLUSION

Incorporating the EHOB TruVue
Heel Protector into the new
Pressure Injury Prevention
Protocol, The Skin Champion
Team was able to:

Decrease Hospital Acquired
Heel Pressure Injuries and the
Incidence of Foot Drop
to ZERO in the ICU!

CHS network is currently considering implementing the TruVue at all of their system hospitals

Quality Improvement
Project