

## Clinical Guidelines

### Indications for Use:

- Aids in the prevention and management of pressure injuries in people at risk
- Aids with turning, repositioning and lateral transfers for people at risk for pressure injuries
- Aids in providing comfort

### Risk Assessment:

- Limited ability to reposition self
- Braden score of 18 or less
- Braden Activity subscore of 1 – 3
- Braden Mobility subscore of 1 or 2
- Braden Friction and Shear subscore of 1 or 2
- Existing or history of pressure injuries



### Suggested uses of the WAFFLE Overlay in the supine, prone and side-lying positions

| Pressure Injury Prevention and Management   | Repositioning  | Comfort  |
|---|--|--|
| <p><b>Consider for patients who need pressure redistribution over bony prominences:</b></p> <ul style="list-style-type: none"> <li>• Under the patient's body when in the supine, side-lying or prone position</li> <li>• For any patient considered At Risk for pressure injury development including, but not limited to: <ul style="list-style-type: none"> <li>• Frail, Cachexic</li> <li>• Malnourished</li> <li>• Critical Illness, ventilated, proned, sedated, immobilized, on vasopressors</li> <li>• Altered sensory perception, e.g. CVA, sedation, Neuropathy, spinal cord injury</li> <li>• Impaired cognition, e.g. unable to follow self-repositioning</li> <li>• Existing co-morbidities, e.g. COPD, Diabetes, Peripheral Vascular Disease, Edema</li> <li>• During lengthy procedures, e.g. ECMO, CVVHD, CRRT</li> </ul> </li> </ul> | <p><b>Consider for patients with limited mobility due to:</b></p> <ul style="list-style-type: none"> <li>• Chronic illness with or without multiple comorbidities</li> <li>• Musculoskeletal disorders</li> <li>• Orthopedic injuries</li> </ul> <p><b>Consider for caregivers:</b></p> <ul style="list-style-type: none"> <li>• To reduce the effort needed to reposition or laterally transfer patients</li> </ul> | <p><b>Consider for patients who need comfort:</b></p> <ul style="list-style-type: none"> <li>• During post-operative care</li> <li>• While in awake prone position, e.g. COVID-19, pneumonia</li> <li>• Following orthopedic/trauma injury, e.g. hip fracture, amputation</li> <li>• Due to cancer-related pain</li> </ul> |

### Interventions

- Hand checks should be performed at least once per shift and after repositioning
- Ensure airway remains unobstructed in patients who are unable to reposition self
- The WAFFLE Overlay straps may be a ligature risk for some patients. Follow your facility's ligature risk policy
- Avoid direct contact between skin and product by using a sheet
- Follow facility protocol

### Contraindications

- Unstable Spine
- Recent sacral flap surgery, unless otherwise determined by facility protocol

### Additional Information

- Single patient use
- Patients may require the WAFFLE Bariatric Overlay based on body type
- WAFFLE Overlay should only appear 60% full
- The WAFFLE Overlay can be used across the continuum of care