

Clinical Guidelines

Indications for Use:

- Aids in the prevention and management of pressure injuries in people at risk
- Aids in repositioning for people who require assistance
- Aids in providing comfort

Risk Assessment:

- Limited ability to reposition self
- Braden score of 18 or less
- Braden Activity subscore of 1–3
- Braden Mobility subscore of 1 or 2
- Existing or history of pressure injuries



Suggested uses of the WAFFLE Cushion

Pressure Injury Prevention and Management	Repositioning	Comfort
<p>Consider for patients who need pressure redistribution over bony prominences:</p> <ul style="list-style-type: none"> • Under the head, arm, trunk, pelvis, legs and feet • Between the knees or ankles • During prolonged sitting, e.g., chair-bound patients, chemotherapy or hemodialysis • In bed or on a stretcher • During surgery or other procedures 	<p>Consider for patients in need of additional support:</p> <ul style="list-style-type: none"> • Behind the back or upper thigh to support side-lying • Under the calf to offload the heels • Under the pannus to allow for breathability • Under superficial nerves to minimize soft tissue distortion, e.g., ulnar, radial, lateral femoral cutaneous and peroneal nerves • Under the chest/upper torso in prone to minimize stretching of the brachial plexus 	<p>Consider for patients who need comfort:</p> <ul style="list-style-type: none"> • When seated for a prolonged period • During pregnancy or after perineal surgeries/procedures, e.g., gynecological, colorectal, urological or postpartum • Following orthopedic/trauma injury, e.g., hip fracture, amputation • Due to cancer-related pain

Interventions

- When used in prone positioning ensure airway remains unobstructed
- Ensure pressure is properly redistributed around bony prominences at least once per shift and after repositioning
- Encourage patients to perform weight shifts every 15–20 minutes while seated in a chair
- Perform skin assessments per hospital policy
- Avoid direct contact between skin and product by using a pillowcase or breathable underpad
- Follow facility protocol

Contraindications

- Unstable spine
- Recent sacral flap surgery, unless otherwise determined by facility protocol

Additional Information

- Single patient use
- Patients may require the **WAFFLE Cushion, Small** or the **WAFFLE Cushion, Extra Large** based on body type
- WAFFLE Cushion should only appear 60% full
- The WAFFLE Cushion can be used across the continuum of care